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| Name of activity |  | | |
| Date of activity |  | | |
| Type of activity  (only select ONE) | **Group A –**  **workplace learning**  case review, incident reflection, staff education meeting, in-service training, audit, project, rotation/shadowing | **Group B –**  **structured learning**  external conference session, course, seminar, lecture, assignment or lecture for a qualification | **Group C –**  **self-directed learning**  published article review, educational website, research activity, lecture preparation |

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| Describe the activity - please write 2-3 sentences outlining what the activity involved and your involvement in it. |
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| What did you learn – please write a paragraph showing what you learned. Review the activity if necessary and be specific. |
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| How will you apply this to your practice – write a short paragraph describing any impact the activity could have on your practice. |
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For any activity EITHER obtain signoff, OR attach evidence.

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| I verify this activity as being valid for CPD purposes  Verified by:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Designation:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Evidence attached relating to this activity: |